

Plastic and Reconstructive Surgery...is there a difference between the two?

The short answer is....yes. Plastic surgery consists of both cosmetic and reconstructive surgery, with distinct differences between the two. The type required is dependent on the underlying reasons for the procedure. Cosmetic surgery is elective and commonly performed when a patient would like to improve their appearance through procedures such as liposuction, breast lifts and/or reductions, nose reshaping, facelifts, tummy tucks, and body contouring following weight loss. Less invasive procedures include microdermabrasion, facial fillers and chemical peels.

Reconstructive surgery, on the other hand, may be medically necessary and often times improves a damaged or abnormal part of the body. For example, women who have had breast cancer may need breast reconstruction after a mastectomy. Other examples might be reconstruction following skin cancer removal or facial reconstruction after an automobile accident. Although reconstructive surgery does in fact improve a person's appearance, the main focus is on regaining functionality to a specific part of the body.

About DR. BODJANAC

Dr. Bodjanac obtained his Doctorate of Osteopathy at the University of Osteopathic Medicine and Health Sciences in Des Moines, Iowa. He completed his residency at the Ohio University/Cleveland South Pointe Hospital in Cleveland, Ohio. He furthered his training through a Fellowship in Reconstructive Microsurgery at the International Institute of Reconstructive Microsurgery in Norfolk, Virginia. Dr. Bodjanac is a Fellow of the American College of Osteopathic Surgeons and has various professional memberships including the American Academy of Cosmetic Surgery and the American College of Osteopathic Surgeons. He has contributed to several medical journals and has volunteered his services to humanitarian efforts internationally.



Payment Plans

Avita Health System offers convenient payment plans for plastic and reconstructive services. Ask our office for further information.

Procedures

Consultations and minor procedures are done in our Ontario Fourth Street office. If your procedure requires a more complex surgery, then Dr. Bodjanac will be performing your surgery at either Galion or Bucyrus Community Hospital.

PLASTIC & RECONSTRUCTIVE SURGERY

Walter G. Bodjanac, DO, FACOS



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Cosmetic Procedures

BODY CONTOURING AFTER WEIGHT LOSS

Body contouring after weight loss reduces the excess skin and fat that is left behind from the expansion of skin and lack of tissue elasticity that often occurs after losing weight. This sagging skin commonly develops around the face, neck, upper arms, breast, abdomen, buttocks, and thighs and often makes that part of the body appear irregular and misshapen.

BREAST AUGMENTATION

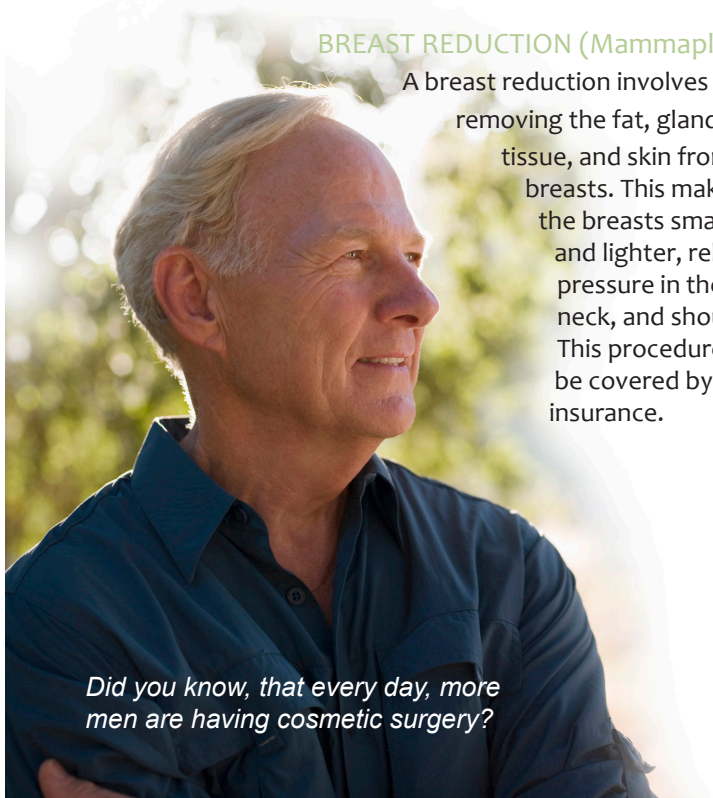
A breast augmentation is a surgical procedure performed to enhance the size and shape of the breasts. This procedure will result in larger, fuller, and more shapely breasts.

BREAST LIFT (Mastopexy)

A breast lift is a surgical procedure used to raise and reshape sagging breasts. A mastopexy is also used to reduce the size of the areola and the darker skin surrounding the nipple.

BREAST REDUCTION (Mammoplasty)

A breast reduction involves removing the fat, glandular tissue, and skin from the breasts. This makes the breasts smaller and lighter, relieving pressure in the back, neck, and shoulders. This procedure may be covered by your insurance.



Did you know, that every day, more men are having cosmetic surgery?

BROW LIFT

Also called a forehead lift, this procedure corrects drooping brows and improves horizontal lines and furrows on your forehead, commonly formed by aging. Years of facial expressions and environmental effects causes these changes in your skin.

CHEMICAL PEELS

A chemical peel is a treatment technique used to improve and smooth the texture of the facial skin, as well as even out pigment variations, using a chemical solution that causes dead skin to eventually peel off. A chemical peel may also remove pre-cancerous skin growths, soften acne facial scars, and control acne.

EAR SURGERY (Otoplasty)

This procedure can be done to correct a variety of ear problems, particularly protruding ears in children and adults.

EYELID SURGERY (Blepharoplasty)

This procedure removes fat and excess skin and muscle from the upper and lower eyelids. This surgery can also correct drooping upper lids and puffy bags below your eyes. Patients who complain about having a tired appearance will inquire about this procedure.

FACIAL FILLERS

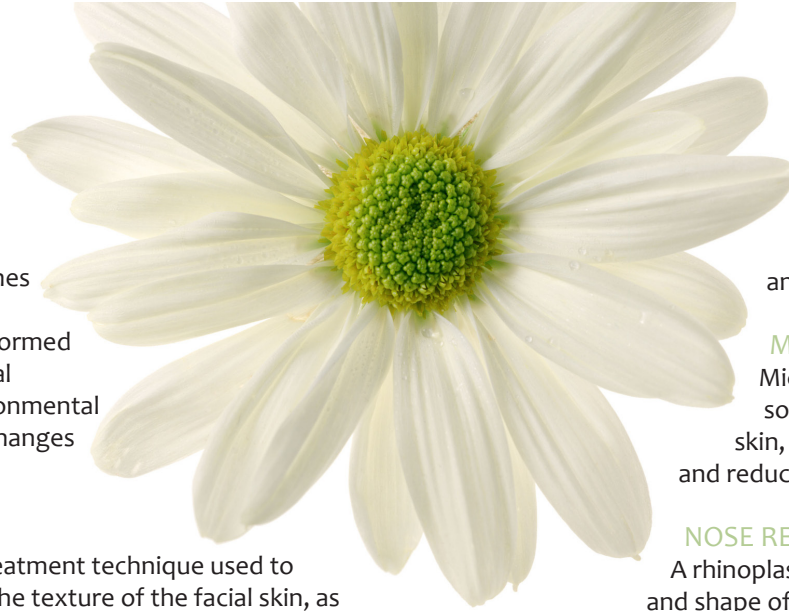
There are several types of facial fillers that aid in wrinkle reduction and help sustain a youthful appearance. Among these are:

Botox A medication injected into the muscles and used to improve frown lines between the eyebrows and forehead

Juvederm A smooth gel that fills wrinkles and/or smile lines around the face

FACELIFT (Rhytidectomy)

A facelift removes excess fat and tightens the muscles and skin of your face and neck. A facelift can be done alone or in conjunction with other procedures.



LIPOSUCTION

Liposuction removes excess fat from deposits located between the skin and the muscle. The most common areas for liposuction are the abdomen, hips, and thighs.

MICRODERMABRASION

Microdermabrasion is an anti-aging treatment that softens fine lines and wrinkles, helps smooth textured skin, decreases the appearance of scarring and pore size, and reduces age spots.

NOSE RESHAPING (Rhinoplasty)

A rhinoplasty is used to change the size and shape of the nose, narrow the span of the nostrils, or change the angle between the nose and the upper lip. It is common for patients with a nose hump to inquire about a rhinoplasty.

TUMMY TUCK (Abdominoplasty)

An abdominoplasty is a surgical procedure to remove excess skin and fat from the middle and lower abdomen and to tighten muscles of the abdominal wall. Childbirth and weight loss may be a few reasons to consider this procedure.



Reconstructive Services

Reconstructive procedures are based on the part of the body that requires medically necessary treatment or surgery. These procedures are often covered by insurance. Some of the most common reconstructive procedures include:

- Breast reconstruction after a mastectomy
- Skin defect coverage after skin cancer
- Hand surgeries to correct carpal tunnel, trigger finger, and ganglion cysts